ROSE K2 XL™

Semi-scleral lens
The insertion and removal of your semi-scleral ROSE K2 XL lens may be intimidating at first. However, if you follow the instructions, with some practice it will become easy.

To avoid introducing foreign matter into the eye and to minimize the risk of infection, it is important to wash your hands thoroughly with soap (ideally liquid) and dry them with a clean towel before handling your lenses.

**Read carefully the instructions for use.**

- Hygiene - Lens handling  
  page 03
- How to insert your lenses: Method 1  
  page 04
- How to insert your lenses: Method 2  
  page 05
- Check your ROSE K2 XL lens  
  page 07
- How to remove your lenses  
  page 08
- Taking care of your lenses  
  page 10
- Your prescription  
  page 12

Carefully remove the right lens from the lens case.

Rinse the lens with non-preserved saline solution to remove the preservative liquid in which the lens was soaked.

Check the lens to make sure that it is clean and without debris, scratches or breakage.
How to insert your lenses. Method 1

Using your fingers.
Form a tripod using two fingers (index and middle) and your thumb. Balance your ROSE K2 XL lens in this tripod. This will help maintain lens stability during insertion.

Place a mirror on a table. Fill the lens completely with a non-preserved saline solution. Place your head above and parallel to the mirror and look straight ahead. To assist lens insertion, you can use the index or middle finger of your other hand, to move the upper eyelid upwards, and the thumb on the lower eyelid to move the lid margin downwards.

Open your eyelids as wide as possible. Bring the lens up to your eye and place it firmly against the eye. Slowly release the eyelids and blink several times to clear excess tears. The lens will centre on your eye.

Tip: the fingers must be placed on or as close as possible to the lid margin to assist pulling the lids back.

How to insert your lenses. Method 2

Using suction holder.
You can use a special suction holder for scleral lenses for holding the lens. You must cut off the bottom of the suction holder with scissors in order to avoid the lens sticking on the suction holder when inserting it on your eye.

Holding the suction device between the thumb and forefinger, wet the cup of the suction holder with some saline solution. Then place the ROSE K2 XL lens on the wetted cup, making sure it is correctly centred. Once the lens is centred on the suction holder, completely fill the lens with preservative-free saline.
Put your head above and parallel to the mirror on the table and look straight ahead. Open your eyelids as wide as possible. To do this you can use the index or middle finger of your other hand to move the upper eyelid upwards, and the middle finger of the hand holding the suction holder and lens, to pull the lower eyelid down.

**Tip:** the fingers must be placed on or as close as possible to the lid margin to assist pulling the lids back.

Once the eyelids are well apart, bring the lens towards you and place it firmly against the eye. Then slowly release the eyelids and blink several times to clear excess tears and insertion solution. Check the lens on your eye to make sure that there are no air bubbles trapped between the lens and your eye.

After lens insertion, wash the suction holder in warm soapy water and then let it air dry.

Check your ROSE K2 XL lens

Check the lens on your eye to make sure that there are no air bubbles trapped between the lens and your eye.

This will cause discomfort and poor distorted vision.

If you notice trapped air bubbles between the lens and your eye you must remove the lens and re-insert repeating the same procedure.

Then follow the same procedure for the other eye to insert the left lens.
How to remove your lenses

Make sure you have a clean towel, a clean case, and your care solution(s).

While looking into a mirror, hold your eyelids apart using the thumb and forefinger of the opposite hand as described above.

WARNING:
Do not place the suction device centrally on the lens.

Place a smaller wetted solid suction device (DMV Ultima) temporally off centre on the lens between the edge of the lens and the pupil margin. Push suction device firmly against the lens to attain suction.

Pull suction holder outward and nasally. The lens should easily come off the eye. Excessive force should not be required.

Using your thumb and forefinger, slowly remove the lens from the suction device by gently rotating the suction holder and sliding the lens off the cup.

WARNING:
Do not attempt to pull the lens directly off the suction device as this may result in lens breakage.

After removal, follow the instructions of your contact lens specialist for cleaning your ROSE K2 XL lens with the recommended solution.

Fill your case with fresh storage solution and place the cleaned lens in the correct side of the lens case with the convex side facing down, then follow the same procedure for the other eye.
Taking care of your lenses

Your contact lens specialist will recommend care products indicated for the maintenance of your ROSE K2 XL lenses. Carefully follow their instructions.

Menicon recommend MeniCare Plus solution for daily cleaning and disinfection and Menicon Progent treatment for intensive cleaning once a week.

It is important to follow advice and instructions from your contact lens specialist, for perfect comfort and maintenance of your lenses.

WARNING:
In case of a red eye, persistent discomfort or a change of vision, remove your contact lenses and contact your eye doctor.
Follow your contact lens specialist’s recommendations regarding how to wear, renew and maintain your lenses.

Schedule your check-up visits and contact your contact lens specialist for any questions concerning the health of your eyes.

Your ROSE K2 XL lens parameters

<table>
<thead>
<tr>
<th>R</th>
<th>BC</th>
<th>øT</th>
<th>P.</th>
<th>E.L</th>
</tr>
</thead>
<tbody>
<tr>
<td>L</td>
<td>BC</td>
<td>øT</td>
<td>P.</td>
<td>E.L</td>
</tr>
</tbody>
</table>

Next check-up: ...........................................................
....................................................................................

Contact details of your contact lens specialist

Name: ..........................................................................

Address:  ..................................................................... ....................................................................................

Phone:  ........................................................................

www.roseklens.com